## TRANEFORMNG LVES:THE POWER OF HUMANRMHIS EDUCATION

Human rights education lies at the heart of efforts to develop a culture of human rightstoward building societies that embrace dignity, equality, inclusion and respect for diversity, societies where the human rights of all are respected, protected and fulfilled.

Human rights education not only equips learners with the knowledge of human rights, it fosters the development of values, attitudes, skills and behaviors that prompt action to defend and promote human rights, democracy and the rule of law.

## WHATARE HUMANRIGHISE

Human rights are basic entitlements that belong to every one of us. No one can take these rights away from us. They are ours simply because we are human beings.

We are all different. We may differ in our nationality, race, ethnicity, place of origin, sex, religion, age, sexual orientation, disability, economic and social status. Yet, despite these differences, there are things we have in common: needs and wants shared by all people.

To be able to express our ideas the thers
share them
To feel that we are part of a community

ourselves and our families, besic needs dequate food and shelter, such as having

Human rights have been codified in international


## WHATHAVE <br> WELEARN=D FROM THEPASTP

The atrocities, violence and devastation of World War II made many realize the importance of ensuring that people's dignity, human rights and freedoms are always respected and protected.


## The United Nations was established in 1945 based on an international consensus that the sad history of war should not be repeated

 and that respect for people's dignity must underlie humanity's efforts to build enduring peace.In 1948, representatives of the 58 Member States of the United Nations came together to define the fundamental rights and freedoms that should be enjoyed by all people. This became the Universal Declaration of Human Rights, which sets out the ideals and standards that all states and peoples should strive toward.

The Universal Declaration of Human Rights has served as the basis for numerous international agreements, including those that outlaw genocide, protect the rights of refugees and seek to eliminate all forms of discrimination. Its principles have been incorporated into the constitutions and national laws of many countries.


Universal Declaration of Human Rights (1948)
(selected text)

All human beings are born free, and equal in dignity and rights.

These rights can be claimed by anyone,
2 regardess of their sex, skin color, language, religion, political or other opinion, national origin or social group, economic status or property ownership, birthplace.
You have the right to live, and to live in You have the right to
freedom and safety.

4 You have the right not to be treated as a slave.

You have the right to not be tortured.
You have the right to a fair and public trial by an impartial and independent tribunal.
You have the right to be considered innocent untilit can be proved that you are guilty.

You have the right to belong to a country.
As soon as you are legally entitled, you have As soon as you
the right to mar should force you to marry.

You have the right to own property and You have the right to own property and
nobody has the right to take these things from you without a good reason.
 You have the right to profess and practice your religion freely.
You have the right to think what you want, and to say what you like, and nobody should forbid you from doing so.
You have the right to organize peaceful meetings or to take part in meetings in a peaceful way.
You have the right to take part in your country's political affairs.
che the the

You have the right to work. If a man and a woman do the same work, they should get the same pay.

You have the right to go to school. Primary schooling should be free.

You have duties towards the community within which your personality can fully develop. The law should guarantee human rights. It should allow everyone to respect others and to be respected.


## WHY

## HUMAN RIGHTS EDUCATIONNOW?

We live in a world of challenges and conflicts. Many people are denied their human rights and fundamental freedoms because of grotesque inequalities and deprivation, violence and oppression, preventing them from leading a life of dignity.
"We all belong to the one human family and each of us is equally deserving of dignity, respect and justice. Transmission of these core and universal values-
and exploration of the implications these hold for our daily lives . . . that is the task of human rights education. "

Kate Gilmore, United Nations Deputy Kate Gilmore, United Nations Deputy
High Commissioner for Human Rights

HIINGER 815 million people

## 1 in 9 people

do not have enough food to lead a healthy, active life.

VICTIMS of CHILD | VIOLENCE (a) LABOR
against WOMEN experience physical or sexual violence.

## DISPLACED

people displaced people displaced
from their homes from their home
by conflict and persecution.
unicr, 2018
million

## STATELESS


million
people
globally a
globally are
denied a nationality and access to education, health care, employment and freedom of movement.


CHILDREN OUT OF SCHOOL 65 million children
 1 in11


## WHAT IS HUMAN RIGHTS EDUCATION?

Human rights education is not just something to be learned at school. It includes what we experience at home, in our communities, with friends and peers
mpowerment through human rights education is more than just content; it can only be achieved if the educational process also includes participatory learning methods and is relevant to the daily lives and lived experiences of learners.

This lived knowledge and awareness of human rights principles builds a "culture of human rights"-that is, a society in which each of us is encouraged and empowered to take the initiative to respect, protect and promote the full spectrum of human rights for all.
${ }^{\text {sf }}$ Human rights education builds knowledge, skills and attitudes prompting behavior that upholds human rights. It is a process of empowerment which helps identify human rights problems and seek solutions in line with human
rights principles. It is based on the understanding of our own responsibility to make human rights a reality in our community and society at large.
Navi Pillay, former United Nations High Commissioner for Human Rights


## LEARNING ABOUI

## HUMAN RIGHTS

Gaining knowledge and understanding of human rights standards, principles and values; and learning about the systems and mechanisms available to protect human rights

## LEARNING THROUGH HUMAN RIGHTS

Learning and teaching in a way that respects the rights of both educators respects the rearners

## LEARNING FOR

 HUMAN RIGHTSEmpowering individuals to enjoy and exercise their rights and to respect and uphold the rights of others

Human rights values of dionity, respect,


## HUMANRIGHIS EDUCATION



Human rights education has the power to transform individuals and societies.


## HUMANRIGHTS EDUCATION



Human rights education has the power to transform individuals and societies.

$\square$uman rights education not only makes people aware of the rights they have under international and national laws, it also empowers individuals so they can actively participate in the decisions that affect themincluding actions to promote and defend human rights.

The following personal stories illustrate how people's lives have changed through human
rights education.
rights education.


# TURKEY FROM VICTIM TO HUMANRIGHHS DEFENDAR 

When Evrim Gul was still a child, her family arranged her marriage. She saw her husband for the first time when she became his wife. When the relationship turned abusive, she left him and found refuge at a women's association, where she joined the Human Rights Education Program for Women. What she learned has empowered Evrim and many women like her to understand and defend their rights, and build better lives for themselves.

After being forced to marry a man 15 years older than her, Evrim left her family. Her husband was violent and abusive, beating her even while she was pregnant. In desperation, she turned to her parents for help, but they blamed her saying it was her fault.


When the beatings continued, Evrim decided to get a
divorce But her fanily was opposed "My fanily came after me with guns. They were looking for me."
Evrim went to the Van Women's Association (VAKAD), where she joined the Human Rights Education Program for Nomen, a program developed by Women for Women's .
In the weekly workshops, Evrim learned about her rights, as well as the laws that protect these rights in Turkey. She
understood that she had the right to be respected as an individual by her husband and family. Her communication skills improved, and through interaction with other women, discovered that she could change her life for the better.

On the 8th of March, 2012, Turkey adopted the 'Law to Protect Family and Prevent Violence against Women.' This law seeks to protect women, children and family members of victims of domestic violence, and provide services such as shelters, financial aid and psychological and legal guidance services, including programs on violence prevention. However, there is a lack of proper implementation, and violence against women remains very high

Since 1995, over 15,000 women have participated in the Human Rights Education Program for Women in $\mathbf{6 0}$ cities across Turkey.

Ninety percent of the women who have completed this program,
run by Women for Women's Human Rights (WWHRR) - New Wayss, say
that they better understand their rights, can use Turkish laws to that they better understand their rights, can use Turkish laws to
protect their rights, and are more self-confident and assertive. Many go back to school, resolve marriage issues, or start working.
Evrim learned that which she knew in her heart to be true: that she is equal to every other human being. She is transformed - no
longer a victim but a human rights defender, eager and ready to stand up for her rights and those of others.


Zelal Ayman, Coordinator of
the Human Rights Education Program for Women
"Many women who attend our training program feel stronger and realize 'Iam not the problem. The problem lies elsewhere. It is in society, in this social
construction'And so won construc
"If a woman wants to make a change and we are able to support her with these empowering activities and training programs, she can change her life She becomes more empowered in her communication with her husband and children."
ff I grew stronger. I thought, 'I'm not alone If I fall, they will be there for me.' ${ }^{\text {y. }}$

# PORTUGAL TRANSFORMING ASCHOOL THROUCH HUMAN RIGHTS 

Apelação is a tough neighborhood
on the outskirts of Lisbon, Portugal. The neighborhood school, which hosts around 650 children from the ages of 5 to 18 , was marked by low academic achievement and high levels of violence. When the head teacher implemented a new vision based on a 'whole school' approach to human rights, the school was transformed into a model of good practice, where students took greater responsibility, antisocial behavior decreased, and learning outcomes improved.


On July 11, 2008, Portuguese television broadcast shocking video footage of a shootout between rival gangs from Romani and African communities in Apelação, a town on the outskirts of Lisbon.


THE SCHOOL ENVIRONMENT
The Student Council demanded material improvements to
the school-new sports equipment, new doors and mirrors in the bathrooms, and more computers. Through dial logue, the students began to see how damage done to school facilities by
fellow students diverted resources and prevented the school fellow students diverted resources and prevented the school
from making the improvements everyone wanted. By taking ownership of the problem, damage to school facilities was reduced and conditions improved for everyone.
SUCCESS WAITING TO HAPPEN
 After 10 years of this new approach, the school emerged
from the botom of the national cshool rankigg. It tecame a
place where everyone fett respected and believed they could place where everyone fett respected and believed they could
contribute to society. Student suspensions and expulsions contribute to society. Student suspensions and expulsions
were rare, and many students went on to college and remained
active in the community. Racial tensions within the school and active in the community. Racial tensions within the school and
wider community declined as a result of increased interaction wider com munity declined as a result of increas
and working together toward common goals.
The school in Apelação became an ed
story within the wider municipality educational success

\&f The appreciation for each individual's values in the school made it to understand their weaknesses and turn them into strengths, transforming their everyday problems into new solutions. 3
Maria Barbosa, former student from Apelação, became a community worker and a teacher at became a co
the school.
 the school.

## AUSTRALA BULDING TRUST BETWEENPOLICE AND COMMUNTIIES

In the 1990s, difficult interactions between the Victoria Police and members of migrant and Indigenous communities, the LGBTI community and young people, resulted in tensions and complaints of inappropriate behavior. After participating in a human rights training program in 2006, police staff began to understand their role within the framework of human rights. Complaints against police behavior and tensions between the police and the communities declined.


Difficult interactions between the Victoria Police and members of migrant and Indigenous communities, the LGBTI community and with young people (particularly those with drug and alcohol problems and those with prior convictions), resulted in tensions, distrust and formal complaints against the Victoria Police.

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A disproportionate number of Indigenous young people in
detention was another area of concern given the lack of trus
between police and the Indigenous communities. between police and the Indigenous communities.
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[^0]Section 38 (1) Conduct of public authorities: ...it is unlawful for a public authority to act in a way that is incompatible with a human right or, in making a decision, to fail to give proper consideration to a relevant human right.
VICTORIA CHARTER ON HUMAN RIGHTS AND RESPONSIBILITIES

Section 32 (2) International law and the judgments of domestic, foreign and international courts and tribunals relevant to a human right may be considered in interpreting a statutory provision.

Human rights education that directly related to everyday police experience led to better understanding and a change in behaviors, ultimately resulting in less angst when dealing with the community.
Luke Cornelius APM,
Assistant Commissioner, Victoria Police


A CHANGE FOR THE BETTER THROUGH HUMAN RIGHTS TRAINING
In 2006, the Victoria Police, with support from the governmen and in collaboration with human rights experts and the
university sector, established the Human Rights Project. This focused on increasing police awareness and knowledge of international human rights law and standards relating to investigations, arrest and custody, use of force and firearms,
and victim assistance.

Under the Project, all 14,000 employees of the Victoria Policefrom administrative workers to the chief commissioner, from
forensic scientists to forensic scientists to investigators and lawyers-received
education and training to enabbe them to practically education and triaining to enable them to practically practices.
The Human Rights Project also focused on increasing awareness The Human Rights Project also focused on increasing awareness
of international human rights standards in the context of of international human rights standards in the context of
community interactions, including police interaction with yo people, sexual and gender minorities, as well as multicultural and Indigenous communities.
As of 2012, complaints relating to police behavior had declined by $30 \%$.
POLICING FOR THE
WHOLE COMMUNITY Police are now more conscious of the special needs and
sensitivities of diverse people in their communities. Many new migrants, for example, may have spent years in refugee
camps, or come from countries where law enforcement officials are seen as oppressors, making them reluctant to approach the police when issues arise.
A youth leadership program run by Victoria Police also helped
A youth leadership program run by Victoria Police also helpe
bridge the gap and improve relations between younger
community members and the police.





It was obvious from the start that this legislation was going to support the regeneration of policing to
focus on the community rather than an 'us and them' mentality.
Mmaskepe Motlalepula Sejoe,
Former Human Rights Unit Manager of the Victoria Police

fff The Human Rights Project emphasizes that human rights are about respecting dignity, and that the only difference between cultures is how dignity and respect are articulated.
Mmaskepe Motlalepula Sejoe

# BURKINAFASO anding Yolince AGANST WOMEN ACCUSED of WITCHCRATT 

## In 1994, at the age of 74, Habibou

 Sawadogo was banished from her village after being found 'guilty' of using witchcraft to cause the death of a child. In 2011, Amnesty International and local partners began working with community leaders to abolish the tradition of banishment. Through engagement and dialogue, villagers understood such practices violated the dignity and human rights of women. As a result, many women were reunited with their communities.

In Mossi society, life is ruled by customary law and practices, where the Naabas (traditional leaders) make key decisions affecting the political, social and economic life of the community.

## TRADITIONAL BELIIEF

IN WITCHCRAFT
Despite the existence of regional laws protecting the rights of
women, traditional customs often prevail and banishtent of women accussed of witchcraft still happens ins in rurat communities in Burkina Faso. "Siongo" and "Zangogos "ritu are used to identify people- mostiy elderly women- thought to possess powers used to cause the death of others. Those accused

COMMUNITY ENGAGEMENT CHALLENGES TRADITIONAL PRACTICES In 2011, with the support of the Mogho Naaba (the King of the
Mossi people), Amnesty Intermational in Burkina Faso and its


WOMEN'S RIGHTS IN BURKINA FASO

In 2006, Burkina Faso ratified the 2003 Protocol to the African Charter on Human and Peoples' Rights on the Rights of Women, which commits States to "ensure the right of elderly women to freedom from violence, including sexual abuse, discrimination based on age and the right to be treated with dignity."


POSITIVE RESULTS OF HUMAN RIGHTS EDUCATION
The practice of banishing older women on allegations of
witcharaft gradually dissappeared in 16 villa ges of of Bussé witchcraft gradually disappeared in 16 villages of Boussé
in Kourweogo Province alone. Several women accused of in hourweogo Province alone Severat women accused of
witchcrat were not banished from their homes and many
Women were reintegreted into their communites in women were reintegrated into their communities in Kourweogo and Passore provinces. A center was also created to host
ostracized women fiom other regions of the country during negotiations for their rehabilitration and retum.
Eighteen years ater being forced to leave her home, Habibou sawadogo returned to her community and was
reunited with her family.

A NATIONAL PLAN TO END BANISHMENT

In 2012 , the government of Burkina Faso adopted a national
plan of action to end the banishment of women accused
of witction plan of action to end the banishment of women accused
of witchcrat. Under the fouryear plan, the Ministry for of witchcratt. Under the fouryear plan, the Ministry for
Social Action and National Solidarity offers legal, financial and
psvchosocial support to won when Social Accion and National Solidarity offers lega, financial and
psychosocial support to women who have been victims of
such practice


Gf Ending this form of exclusion and violence against women is a process that involves cooperation at all levels-from international, regional and national laws, to the work of community-based organizations, traditional leaders and community members. 3
Moussa Ouedraogo, Amnesty International Burkina Faso

# P=RU thinking clobaliy, ACTING LOCALLY 

The José Antonio Encinas School in Magdalena del Mar, a district of Lima, Peru, has around 250 students from 5-yearold preschoolers to 16 -year-old secondary students. Its motto is "aprender a aprender, aprender a convivir en democracia" (Learning to learn, Learning to live together in democracy). In 2013, when the school began to integrate human rights into its educational approach, the students were able to identify, discuss and resolve issues they faced through a human rights 'lens.'


It started with a class project by Group 8 students with their teacher, Helga Bazan, which grew into a school-wide initiative. The "Friends of Human Rights" project encouraged students to think about human rights in everyday contexts through handson research and interactive workshops.


The entire
project was student-driven.
The students decided what they wanted to learn and how they wanted to share their learning with others.
Thus each topic was very relevant to the students and they exchanged ideas and worked on solutions to the issues with their schoolmates.

Helga Bazan, Teacher at José Antonio Encinas School

## FRIENDS OF HUMAN RIGHTS -FOR ACTION!

Students would find news events from around the world were linked with human rights. They would present their findings and opinions to their classmates through study groups and peer-to-peer learning. They also engaged the wid

Through the project, the students began to understand the concept of human rights and how global issues were related and relevant to their own lives. They also developed
skills to take action and campaign for human rights-at first skills to take action and campaign for human rights-at first
within the school, then more widely within their community

## ONGOING EDUCATION

Today the students of José Antonio Encinas School continue to be involved in student-led human rights education. They use the perspective of human rights to identify and think heir families and communities-and come up with practical solutions to address them.



## COMMHM=NIS MADE BY GOVERNMENTS

UN Member States have committed to implementing the provisions of international and recional laws, including those related to the promotion and
implementation of human rights education and training.


## Enacting national laws

 and policiesIncluding national plans of action that guarantee the implementation of human rights education and training



## WHAT CAN WE DO?



Respecting, promoting and protecting human rights begins with developing our own understanding and skills, taking small steps in our immediate environment.
ff Where, after all, do human rights begin? In small places, close to home-so close and so small that they cannot be seen on any maps of the world. Yet they are the world of the individual person; the neighborhood he lives in; the school or college he attends; the factory, farm
or office where he works. Such are the places where every man, woman and child seeks equal justice, equal opportunity, equal dignity without discrimination. Unless these rights have meaning there, they have little meaning anywhere.
Eleanor Roosevelt, diplomat, humanitarian Eleanor Roosevert, cipiomat
and human rights activist




[^0]:    > In 2006, the Victoria Charter on Human Rights and
    Responsibilities was adopted. Under the Charter, pub authorities, including the Victoria Police, must act in a manner
    consistent with human rights. consistent with human rights.

