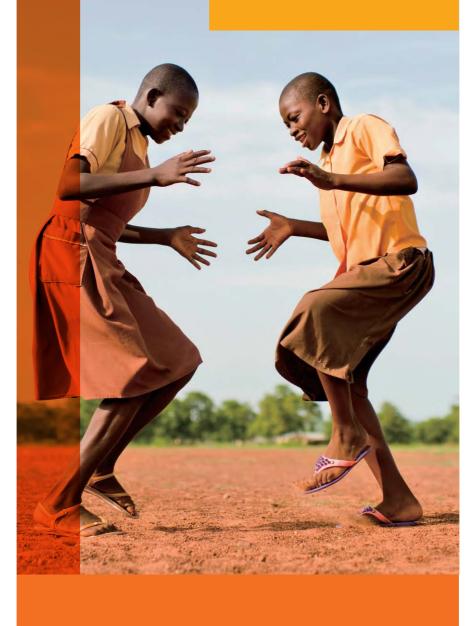
TRANSFORMING LIVES: THE POWER OF HUMAN RIGHTS EDUCATION

Human rights education lies at the heart of efforts to develop a culture of human rights toward building societies that embrace dignity, equality, inclusion and respect for diversity, societies where the human rights of all are respected, protected and fulfilled.

Human rights education not only equips learners with the knowledge of human rights, it fosters the development of values, attitudes, skills and behaviors that prompt action to defend and promote human rights, democracy and the rule of law.



WHATARE **HUMAN RIGHTS?**

Human rights are basic entitlements that belong to every one of us. No one can take these rights away from us. They are ours simply because we are human beings.

e are all different. We may differ in our nationality, race, ethnicity, place of origin, sex, religion, age, sexual orientation, disability, economic and social status. Yet, despite these differences, there are things we have in common: needs and wants shared by all people. To live free from violence, harm or abuse

To be able to express our ideas freely and share them with others To learn, to grow and develop our potential

To feel that we are part of a community

To be able to meet the basic needs of ourselves and our families, such as having adequate food and shelter

PIGHTS

Human rights have been codified in international agreements, regional frameworks and national laws.

How

To enjoy life and liberty To be treated equally before the law To have and express our own thoughts and ideas To have access to quality education To have adequate housing To own property To be free from torture To enjoy free speech and expression To choose and Practice our religion and beliefs To marry who we want and have a family

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WHAT HAVE WE LEARNED FROM THE PAST?

The atrocities, violence and devastation of World War II made many realize the importance of ensuring that people's dignity, human rights and freedoms are always respected and protected.



he United Nations was established in 1945 based on an international consensus that the sad history of war should not be repeated and that respect for people's dignity must underlie humanity's efforts to build enduring peace.

In 1948, representatives of the 58 Member States of the United Nations came together to define the fundamental rights and freedoms that should be enjoyed by all people. This became the **Universal Declaration of Human Rights**, which sets out the ideals and standards that all states and peoples should strive toward.

The Universal Declaration of Human Rights has served as the basis for numerous international agreements, including those that outlaw genocide, protect the rights of refugees and seek to eliminate all forms of discrimination. Its principles have been incorporated into the constitutions and national laws of many countries. Universal Declaration of Human Rights (1948) (selected text)

- Au numan beings are bo dignity and rights. 1 rights can be claimed by an Iless of their sex, skin color, n, political or other opinion, 2 3 4 5 10 11 15 16 17 You have the right to profess and practice you 18 You have the right to think what you want, and to say what you like, and nobody should forbid you from doing so. 19 have the right to organize peaceful tings or to take part in meetings in a teful way. 20 ave the right to take part in your ry's political affairs. 21
 - You have the right to work. If a man and a woman do the same work, they should get the same pay.

23

26

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- You have the right to go to school. Primary schooling should be free.
- u have duties towards the community withir hich your personality can fully develop. The w should guarantee human rights. It should low everyone to respect others and to be

full list of human rights and freedom ed in the Universal Declaration of Hu see:

WHY HUMAN RIGHTS EDUCATION NOW?

We live in a world of challenges and conflicts. Many people are denied their human rights and fundamental freedoms because of grotesque inequalities and deprivation, violence and oppression, preventing them from leading a life of dignity. " We all belong to the one human family and each of us is equally deserving of dignity, respect and justice. Transmission of these core and universal values—

and exploration of the implications these hold for our daily lives . . . that is the task of human rights education. "

(ate Gilmore, United Nations Deputy High Commissioner for Human Rights



OUR WORLD TODAY

Today, too many people are denied the chance to realize their worth and develop their potential. Our societies, in turn, are deprived of the contributions they might make. These statistics highlight the gap between our shared ideals and the realities of our world. Women, children and minority or vulnerable groups who suffer from exploitation and oppression are disproportionately affected hy human richs violations and abuses

Raising awareness of human rights is the first step to counter and prevent human rights violations and abuses. Human rights education fosters values that promote respect, inclusion, nondiscrimination, participation, accountability and equality.

Human rights education empowers children and adults to:

- Claim these rights more effectively and
 defend them more comprehensively
- defend them more comprehensive Make freer, more informed choices
- Accept and appreciate diversity
- Resolve conflict in nonviolent ways
 Contribute responsibly to their
- communities and society at large

cohesion. It emphasizes our common humanity above our individual differences and so is fundamental in combating discrimination.

Human rights education also fosters equality and equal opportunities for all.

WHAT IS HUMAN RIGHTS EDUCATION?

Human rights education is not just something to be learned at school. It includes what we experience at home, in our communities, with friends and peers.

mpowerment through human rights education is more than just content; it can only be achieved if the educational process also includes participatory learning methods and is relevant to the daily lives and lived experiences of learners.

This lived knowledge and awareness of human rights principles builds a "culture of human rights"—that is, a society in which each of us is encouraged and empowered to take the initiative to respect, protect and promote the full spectrum of human rights for all.

> LEARNING <u>ABOUT</u> HUMAN RIGHTS

Human rights education is learning **about**, **through** and **for** human rights.

Gaining knowledge and understanding of human rights standards, principles and values; and learning about the systems and mechanisms available to protect human rights " Human rights education builds **knowledge, skills and attitudes** prompting behavior that upholds human rights. It is a process of empowerment which helps identify human rights problems and seek solutions in line with human rights principles. It is based on the understanding of our own responsibility to make human rights a reality in our community and society at large. "

Navi Pillay, former United Nations High Commissioner for Human Rights



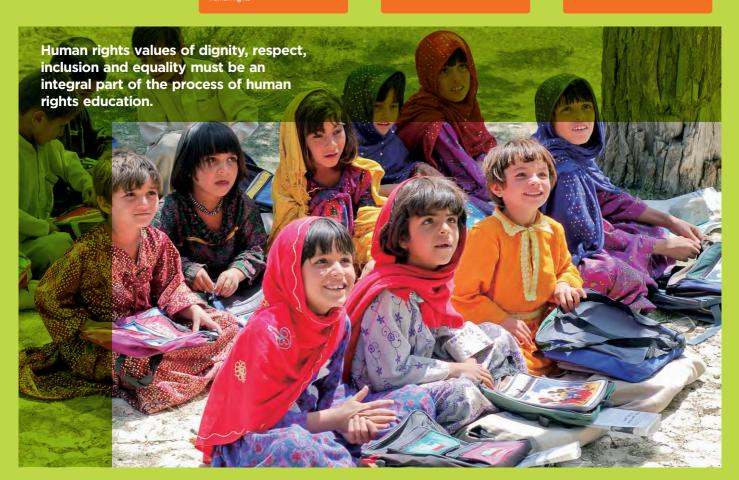
LEARNING <u>THROUGH</u> HUMAN RIGHTS

Learning and teaching in a way that respects the rights of both educators and learners

HUMAN RIGHTS Empowering individuals to enjoy and exercise their rights and to respect and uphold the rights of others

LEARNING

FOR



HUMAN RIGHTS EDUCATION

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Human rights education has the power to transform individuals and societies.

uman rights education not only makes people aware of the rights they have under international and national laws, it also empowers individuals so they can actively participate in the decisions that affect them—including actions to promote and defend human rights.

The following personal stories illustrate how people's lives have changed through human rights education.







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HUMAN RIGHTS EDUCATION

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2 TURKEY



TURKEY **FROM VICTIM TO HUMAN RIGHTS** DEFENDER

When Evrim Gul was still a child,

her family arranged her marriage. She saw her husband for the first time when she became his wife. When the relationship turned abusive, she left him and found refuge at a women's association, where she joined the Human Rights Education Program for Women. What she learned has empowered Evrim and many women like her to understand and defend their rights, and build better lives for themselves.



After being forced to marry a man 15 years older than her, Evrim left her family. Her husband was violent and abusive, beating her even while she was pregnant. In desperation, she turned to her parents for help, but they blamed her saying it was her fault.



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DOMESTIC VIOLENCE

IN TURKEY

When the beatings continued, **Evrim decided to get a divorce**. But her family was opposed: "My family came after me with guns. They were looking for me."

Evrim went to the Van Women's Association (VAKAD), where she joined the Human Rights Education Program for Women, a program developed by Women for Women's Human Rights (WWHR) - New Ways.

In the weekly workshops, Evrim learned about her rights, as well as the laws that protect these rights in Turkey. She understood that she had the right to be respected as an individual by her husband and family. Her communication skills improved, and through interaction with other women, she began to realize her own value and potential. She discovered that she could change her life for the better.

On the 8th of March, 2012, Turkey adopted the 'Law to Protect Family and Prevent Violence against Women.' This law seeks to protect women, children and family members of victims of domestic violence, and provide services such as shelters, financial aid and psychological and legal guidance services, including programs on violence prevention. However, there is a lack of proper implementation, and violence against women remains very high.

I will never forget: I was eight months pregnant with my son. **My husband kicked me** hard in the stomach —I covered my belly to protect my baby. I told my mother and father, but they said **it was my fault**.

Since 1995, over 15,000 women have participated in the Human **Rights Education Program for** Women in 60 cities across Turkey.

Ninety percent of the women who have completed this program, run by *Women for Women's Human Rights (WWRP) – New Ways*, say that they better understand their rights, can use Turkish laws to protect their rights, and are more self-confident and assertive. Many eo back to school, resolve marriage issues, or start working.

vrim learned that which she knew in her heart to be true: th he is equal to every other human being. She is transforme onger a victim but a human rights defender, eager and read er and ready to for her rights and t



I grew stronger. I thought, 'I'm not alone. If I fall, they will be there for me." 🍤



Coordinator of the Human Rights Education Program for Women

"Many women who attend our training program feel stronger and realize 'I am not the problem. The problem lies elsewhere. It is in society, in this social construction.' And so **women feel empowered**.

"If a woman wants to make a change and we are able to support her with these empowering activities and training programs, **she can change her life**. She becomes more empowered in her communication with her husband and children."



PORTUGAL TRANSFORMING A SCHOOL THROUGH HUMAN RIGHTS

Apelação is a tough neighborhood

on the outskirts of Lisbon, Portugal. The neighborhood school, which hosts around 650 children from the ages of 5 to 18, was marked by low academic achievement and high levels of violence. When the head teacher implemented a new vision based on a 'whole school' approach to human rights, the school was transformed into a model of good practice, where students took greater responsibility, antisocial behavior decreased, and learning outcomes improved.



On July 11, 2008, Portuguese television broadcast shocking video footage of a shootout between rival gangs from Romani and African communities in Apelação, a town on the outskirts of Lisbon.

> STUDENT-LED PROPOSALS, STUDENT-LED SOLUTIONS

INVOLVING THE WHOLE SCHOOL COMMUNITY

Instead of shutting out the rough and sometimes violent neighborhod, Bolaños threw open the doors; encluraging broad participation of the whole school community, barstead of seeing students as threats, he saw them as an opportunity for new ideas, experiences and skills. Hei molede bola authorities and volunteers, partnered with a community-based organization called Mois (Critomethy) to support in and after-school activities, and implemented a government funded program targeted at vulnerable social environments. Parents became more involved and school alium became facilitators helping keep younger students from dropping out and to resolve behavioral conflicts.

dance, arts and sports activities, which were implemented. TEACHING METHODS AND LEARNING PROCESSES

tee now or locate active participation and user ion format action methods. The new teaching philosophy put the ents at the center of the learning process and focused on cal reflection and thinking. As a result, teachers reported roved levels of concentration among students and a line in antisocial behavior and bullying.

If We began to feel that **our voices were being heard and respected**—and that teachers and the school staff were listening. We realized **we could make a difference**.

Wilds Gomes, former student from Apelação, became a community facilitator and now studie communications and journalism in college.



THE SCHOOL ENVIRONMENT

The Subsert Counce demander material improvements to the school – new sports equipment, have doors and mirrors in the bathooms, and more computers. Through dialogue, the students began to ache how damage done to school facilities by fellow students diverted resources and prevented the school from mainty the improvements everyone vanited. By taking ownership of the problem, damage to school facilities was reduced and conditions improved for everyone.

SUCCESS WAITING TO HAPPEN







ff The appreciation for each individual's values in the school made it possible for students to **understand their** weaknesses and turn them into strengths, transforming their everyday problems into new solutions. J Maria Barbosa, former student from Apelação, became a community worker and a teacher at the school.





AUSTRALIA BUILDING TRUST BETWEEN POLICE AND COMMUNITIES

Difficult interactions between the Victoria Police and members of migrant and Indigenous communities, the LGBTI community and with young people (particularly those with drug and alcohol problems and those with prior convictions), resulted in tensions, distrust and formal complaints against the Victoria Police.

A disproportionate number of Indigenous young people in detention was another area of concern given the lack of trust between police and the Indigenous communities. In 2006, the Victoria Charter on Human Rights and Responsibilities was adopted. Under the Charter, public authorities, including the Victoria Police, must act in a manner consistent with human rights.

VICTORIA CHARTER ON HUMAN RIGHTS AND RESPONSIBILITIES Section 38 (1) Conduct of public authorities: ...it is unlawful for a public authority to act in a way that is incompatible with a human right or, in making a decision, to fail to give proper consideration to a relevant human right.

Section 32 (2) International law and the judgments of domestic, foreign and international courts and tribunals relevant to a human right may be considered in interpreting a statutory provision.

Human rights education that directly related to everyday police experience led to better understanding and a change in behaviors, ultimately resulting in less angst when dealing with the community.

Luke Cornelius APM, Assistant Commissioner, Victoria Police



In the 1990s, difficult interactions between the Victoria Police and members of migrant and Indigenous communities, the LGBTI community and young people, resulted in tensions and complaints of inappropriate behavior. After participating in a human rights training program in 2006, police staff began to understand their role within the framework of human rights. Complaints against police behavior and tensions between the police and the communities declined.



A CHANGE FOR THE BETTER THROUGH HUMAN RIGHTS TRAINING

In 2006, the Victoria Police, with support from the governmen and in collaboration with human rights experts and the university sector, established the **Human Rights Project**. This focused on increasing police awareness and knowledge of international human rights hav and standards relating to investigations, arrest and custody, use of force and firearms, and victim assistance.

Under the Project, all 14,000 employees of the Victoria Policefrom administrative workers to the chief commissioner, from forensic scientists to investigators and lawyers—received education and training to enable them to practically apply human rights principles into their everyday policing practices.

The Human Rights Project also focused on increasing awareness of international human rights standards in the context of community interactions, including police interaction with young people, sexual and gender minorities, as well as multicultural and Indigenous communities.

As of 2012, complaints relating to police behavior h declined by 30%.

POLICING FOR THE WHOLE COMMUNITY

Police are now more conscious of the special needs and sensitivities of diverse people in their communities. Many new migrants, for example, may have spent years in refugee camps, or come from countries where law enforcement officials are seen as oppressors, making them reluctant to approach the police when issues arise.

A youth leadership program run by Victoria Police also helped bridge the gap and improve relations between younger community members and the police.

or more info: 'A Path to Dignity' ww.ohchr.org/EN/NewsEvents/Pages/ heBowersfilemanBightrEducation array



form the start that this legislation

was going to support the regeneration of policing to focus on the community rather than an 'us and them' mentality.

Mmaskepe Motlalepula Sejoe, Former Human Rights Unit Manager of the Victoria Police







⁶⁶ The Human Rights Project emphasizes that human rights are about **respecting dignity**, and that the only difference between cultures is how dignity and respect are articulated. ⁵³

Mmaskepe Motlalepula Sejoe

BURKINA FASO ENDING VIOLENCE AGAINST WOMEN ACCUSED OF WITCHCRAFT

In 1994, at the age of 74, Habibou

Sawadogo was banished from her village after being found 'guilty' of using witchcraft to cause the death of a child. In 2011, Amnesty International and local partners began working with community leaders to abolish the tradition of banishment. Through engagement and dialogue, villagers understood such practices violated the dignity and human rights of women. As a result, many women were reunited with their communities.



POSITIVE RESULTS OF HUMAN RIGHTS EDUCATION

A NATIONAL PLAN TO END BANISHMENT

THE KING ADDRESSES THE MOSSI PEOPLE On June 10, 2011, the Mogho Naaba proclaimed:

"I cannot approve, on the basis of traditional or cultural beliefs, that human rights and dignity continue to be violated. I accardingly initial all the citizens of Burkina Faso and mainly people living in the Village, districts and regions under my control ... to put an end to all forms of violence and social exclusion of warmen. I mive and encourage all initiatives for the social integration of all the wome nextuded from their communities and to assist them in their return to their communities."





Ending this form of exclusion and violence against women is a process that involves cooperation at all levels—from international, regional and national laws, to the work of community-based organizations, traditional

leaders and community members. 🤧 Moussa Quedraogo, Amnesty International Burkina Faso

In Mossi society, life is ruled by customary law and practices, where the Naabas (traditional leaders) make key decisions affecting the political, social and economic life of the community.

TRADITIONAL BELIEF IN WITCHCRAFT

COMMUNITY ENGAGEMENT CHALLENGES TRADITIONAL PRACTICES

In 2011, with the support of the Mogho Naaba (the King of the Mossi people), Amnesty International in Burkina Faso and its

44 WOMEN'S RIGHTS **IN BURKINA FASO**

In 2006, Burkina Faso ratified the 2003 Protocol to the African Charter on Human and Peoples' Rights on the Rights of Women, which commits States to "ensure the right of elderly women to freedom from violence, including sexual abuse, discrimination based on age and the right to be treated with dignity."

🚺 On the day of my banishment, the "Siongo" came to my house three times . . . Eventually they decided I was responsible [for the death of the child]. I had to immediately leave the village or risk losing my life. JJ Habibou Sawadogo



PERU THINKING GLOBALLY, **ACTING LOCALLY**

The José Antonio Encinas School in

Magdalena del Mar, a district of Lima, Peru, has around 250 students from 5-yearold preschoolers to 16-year-old secondary students. Its motto is "aprender a aprender, aprender a convivir en democracia" (Learning to learn, Learning to live together in democracy). In 2013, when the school began to integrate human rights into its educational approach, the students were able to identify. discuss and resolve issues they faced through a human rights 'lens.'



It started with a class project by Group 8 students with their teacher, Helga Bazan, which grew into a school-wide initiative. The "Friends of Human Rights" project encouraged students to think about human rights in everyday contexts through handson research and interactive workshops.



if The entire project was student-driven. The students decided what

they wanted to learn and how they wanted to **share** their learning with others. Thus each topic was very relevant to the students and they exchanged ideas and worked on

solutions to the issues with their schoolmates. 🔧

Helga Bazan, Teacher at José Antonio Encinas School

error Oculto

FRIENDS OF HUMAN RIGHTS -FOR ACTION!

Students would find news events from around the wor that interested them and then research how these eve were linked with human rights. They would present their findings and opinions to their classmates through study gn intervine. They also engaged the wider

ugh the project, the students began to understand concept of human rights and how global issues were ed and relevant to their own lives. They also develop to take action and campaign for human rights—at first

ONGOING EDUCATION

day the students of José Antonio Encinas Sch to us involved in student-lef human rights education. They use the perspective of human rights to identify and think about issues they face—both within the school and within their families and communities—and come up with practical solutions to address them.

FESTIVAL OF PERU

The students of José Antonio Encinas School org The students of Josephan Render Denoise School englance an annual school-wide campaign each July called the Fiesta del Peru (Festival of Peru). The festival is held in a public plaza or park, and the whole community is invited to actively participate.

Since the first human rights workshops in 2013, the Festival has focused on a different human rights topic resure into induced on a dimerent numan rights topic each year. Human rights issues are brought to life through short plays, workshops, games and quizzes, art projects, discussions and debates, and other awareness-raising activities.

2014

"Así no es. no te acostumbres" As in the estimate of the accost of the acco

2015

"The Street Is Ours"

'Eyes of the community" Civil surveillance and com Students organized activities around civil surveillance and community monitoring of human rights and corruption. The event coincided with the presidential and congressional elections in Peru and included constructive engagement with government authoritie

Students now see their reality through the 'lens' of human rights. bringing 'distant' global issues 'close' to their personal experience. For example, when the students studied torture, they saw similarities to bullying within the school. By making this connection, they saw

the importance of not disrespecting or harming others. 🗦

Helga Bazan, teacher at José Antonio Encinas School

HILD STREPET IS OUTS?" Awareness raising through ant Human rights are learned through engagement with art and dialogue with artists. "We are spectators of art, we reflect critically on the quality and variety of what is offered to us, we discuss access to art—either as spectator or creator, and we investigate the legal framework that encourages the exercise of the right that we as citizens enjoy in the participation of cultural life of our community."

2016



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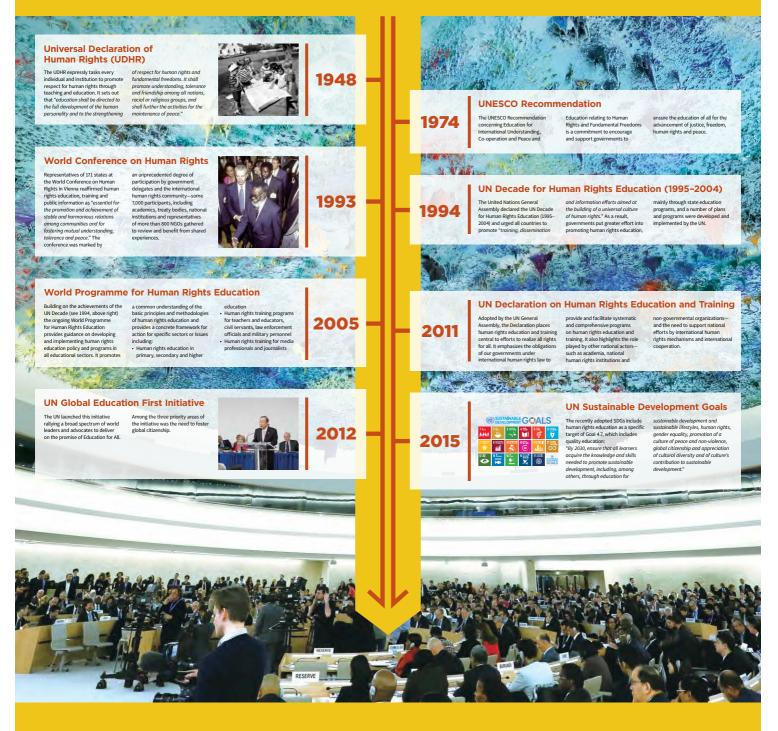






GLOBAL INITIATIVES FOR HUMAN RIGHTS EDUCATION

International and regional frameworks and standards affirm that human rights education is central to the full and equal enjoyment of all human rights. These standards encourage the development and implementation of human rights education strategies and programs at the national level.



COMMITMENTS MADE BY GOVERNM

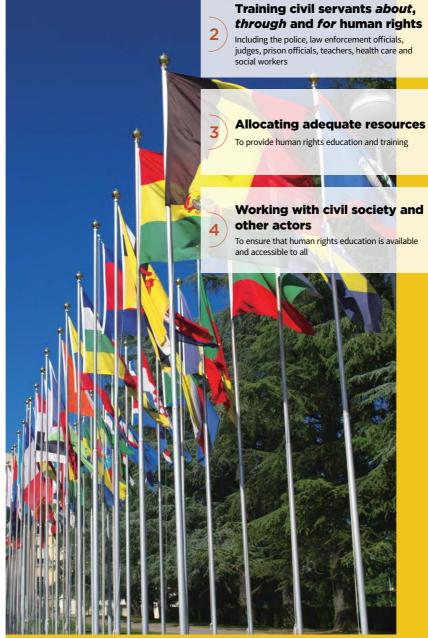
including those related to the promotion and

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Governments can fulfill these obligations by:

Enacting national laws and policies

Including national plans of action that guarantee the implementation of human rights education and training



Working with civil society and

To ensure that human rights education is available

THE ROLE OF OTHER NATIONAL ACTORS



he active involvement of other national actors including civil society is important to both promote and provide human rights education and training.

Nongovernmental organizations

Can lobby the government to meet its obligation to respect, protect and fulfill the right to human rights education and assist in implementing human rights education programs

Educational theorists and curriculum developers

Can ensure formal education policies and national curricula integrate quality humar rights education

National human rights institutions and ombudsman offices

Can raise awareness about the impact and benefits of human rights education and contribute to the development of policies and laws on human rights education and training

Trade unions

Can promote the inclusion of human rights education in professional training programs, including teacher training

other educational

Can offer human rights education as a learning subject and integrate a rightsbased approach in teaching methodologies

institutions

Professional associations

Can recommend human rights education and offer guidance on how human rights education can be included in professional training

Media, including news media, film and the arts

Can raise awareness of human rights and/ or report on situations using a human

Private sector and corporations

Can ensure staff have access to human rights education and training and encourage a culture of human rights within their own internal structures and processes

Families and communities

Can re-envision daily life/work in rights terms

WHAT CAN WE DO? Respecting, promoting and protecting human TAKING

We can act both as activists and role models in creating a culture of human rights by:

especting and accepting differences

- Developing empathy Sharing this newfound awareness with others
- Speaking out against injustice Resolving conflict through dialogue and

taking small steps in our

immediate environment.

mutual understanding

11 Where, after all, do human rights begin? In small places, close to home—so close and so small that they cannot be seen on any maps of the world. Yet they are the world of the individual person; the neighborhood he lives in; the school or college he attends; the factory, farm

LEARN!

or office where he works. Such are the places where every man, woman and child seeks equal justice, equal opportunity, equal dignity without discrimination. Unless these rights have meaning there, they have little meaning anvwhere, JJ

Find human rights education resources online and share these with your teachers, or use them in a workshop you organize with vour friends.

Tell your teacher you want to learn and discuss issues relating to human rights in your school.

Train a group of young people to teach the contents of the Universal Declaration of Human Rights to younger children in schools, youth organizations and to the general public.

Decorate a public access, walkway, garden, school hallw with posters and other visuals depicting the human rights contained in the Universal claration of Human Right

Create a human rights award to honor national human rights heroes/defenders.

Designate a human rights space (bulletin board, meeting hall, public garden) in your neighborhood, school, village to illustrate or share the experience of human rights.

DI

Start a Human Rights Club in your school or community.

Start a petition to have human rights education taught in schools and send this to the Ministry of Education or local government authority.

If you see violations and abuses of human rights in your school, workplace or community, contact an individual (teacher or supervisor) or an organization (trade union, local NGO) for help.

Commemorate Human Rights Day (Dec. 10), International Women's Day (Mar. 8) or another significant day with a special event.

Organize art and writing competitions on human rights in your school.

DRGANIZE!

organization to work on human rights issues.

Organize conferences, debates, lectures, dialogues, se

Join a local or community

human rights.

n rights and nan rights educat

MAKE

Use local festivals a (multicultural, arts, film, music)

CREATE!

Read the Universal Declaration

www.un.org/en/

human-rights/

universal-declaration

of Human Rights:

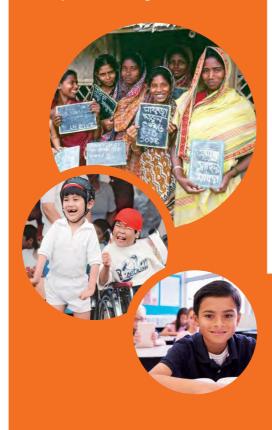


ucation is the most powerful weaponse to change the world Nelson Mar Ed can use to change the world



ourselves with human rights education that underscores we are indeed born equal in rights and in dignity, as we strive to fulfill a shared commitment to promote human rights for all.

Education and Training, the following organizations have created this exhibition to raise awareness of the vital role of human rights education in the promotion of dignity, equality and peace, and in the prevention of human rights violations and abuses.





Sola cakkai International (SGI) – a community-based Buddhist organization that promotes peace, culture and education centered on respect for the dipution of the SG memory supdoit the human philosophy of Malayana Buddhism in 132 countries and terrotrois SG colaborates with other of via codet organizations and intergovernmental agencies in the fields of human fights ducation, uncluse discrement, generate equality, sustainable development and humanitarian relied. ww.sgi.org





HRE 2020



ON HUMAN RIGHTS EDUCATION AND LEARNING

ing Group on Numan Rights Education and Learning-group of the NGO Committee on Numan Rights in Geneva, I a mins one surve NGO participation in the processes of cy making on human rights ducation in relation tutions, principally the NH Human Rights caused, international programs of the NH mann Rights caused, tworking, information sharing, coordination and fire ngowghrelyou wordpress.com

rm for Human Rights Education and Training is an infor onal governmental grouping in support of human rights and training. It is comprised of the following UN member uzil, Costa Rica, Italy, Morocco, Philippines, Senegal, Sloveni





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